



## Grace Community Schools

*This institution is an equal opportunity provider. Menus are subject to change.*

**Where do all of our crazy names for food come from?**



## This month: "Caesar Salad"

Caesar Salad was invented by (and named for) Caesar Cardini, an Italian immigrant to the U.S. who owned restaurants in San Diego, California and nearby Tijuana, Mexico in the 1920's.

Legend has it that, on one especially busy day, his kitchen ran out of most food and so improvised an elaborate tableside salad-tossing preparation to fool customers into thinking they were getting something special!

Cardini's recipe included raw egg and anchovies, but today's standard Caesar Salad features romaine lettuce, Parmesan cheese, croutons, creamy Caesar dressing (without the raw egg!) or vinaigrette, and sometimes grilled chicken. Thanks, Mr. Cardini!



Monday, Dec. 1	Tuesday, Dec. 2	Wednesday, Dec. 3	Thursday, Dec. 4	Friday, Dec. 5
<b><u>Breakfast</u></b> Biscuit, Pears, & Milk <b><u>Lunch</u></b> WG Chicken Nuggets, Tomatoes, Banana, & Milk <b><u>Snack</u></b> WG Bagel & Apple Juice	<b><u>Breakfast</u></b> WG Cheerios, Orange Juice & Milk <b><u>Lunch</u></b> Mac. & Cheese, SW Potato Fries, Fr. Cocktail & Milk <b><u>Snack</u></b> Biscuit & Banana	<b><u>Breakfast</u></b> WG Waffle, Apple Slices, & Milk <b><u>Lunch</u></b> WG Corn Dog, Romaine Lettuce, Mandarin Oranges, & Milk <b><u>Snack</u></b> Apple Slices & Croissant	<b><u>Breakfast</u></b> WG English Muffin, Peaches, & Milk <b><u>Lunch</u></b> Turkey & Cheese Sand. Broccoli, Grapes, & Milk <b><u>Snack</u></b> WG Crackers & Mandarin Oranges	<b><u>Breakfast</u></b> WG Chex Cereal, Fr. Cocktail, & Milk <b><u>Lunch</u></b> Pita Pocket with Meatballs, Carrots, Pears, & Milk <b><u>Snack</u></b> Cheese Crackers & Orange Juice
Monday, Dec. 8	Tuesday, Dec. 9	Wednesday, Dec. 10	Thursday, Dec. 11	Friday, Dec. 12
<b><u>Breakfast</u></b> Biscuit, Grapes & Milk <b><u>Lunch</u></b> Burrito, Pears, Corn, & Milk <b><u>Snack</u></b> Corn Muffin & Orange Juice	<b><u>Breakfast</u></b> Br. Burrito, Orange Juice & Milk <b><u>Lunch</u></b> BBQ Chix Wrap, SW Potato Fries, Fr. Cocktail & Milk <b><u>Snack</u></b> Blueberry Muffin & Banana	<b><u>Breakfast</u></b> WG Cheerios Orange Juice & Milk <b><u>Lunch</u></b> Meatloaf & Croissant, Applesauce, Tater Tots, & Milk <b><u>Snack</u></b> Tostitos w/ Cheese & Water	<b><u>Breakfast</u></b> Croissant, Fruit Cocktail & Milk <b><u>Lunch</u></b> Chicken Alfredo Twist Fruit Cocktail, Carrots <b><u>Snack</u></b> Cheese Stick & Juice	<b><u>Breakfast</u></b> Pancakes Pears & Milk <b><u>Lunch</u></b> Nacos with Diced Chicken, Banana, Spinach and Milk <b><u>Snack</u></b> Yogurt & Crackers
Monday, Dec. 15	Tuesday, Dec. 16	Wednesday, Dec. 17	Thursday, Dec. 18	Friday, Dec. 19
<b><u>Breakfast</u></b> WG Chex Cereal, Orange Juice & Milk <b><u>Lunch</u></b> WG Cheese Pizza, Spinach, Fr. Cocktail, & Milk <b><u>Snack</u></b> WG Gr. Cracker & Apple Slices	<b><u>Breakfast</u></b> WG Pancake, Banana, & Milk <b><u>Lunch</u></b> Tacos, Black Beans, Mandarin Oranges, and Milk <b><u>Snack</u></b> WG Pretzels & Apple Juice	<b><u>Breakfast</u></b> Blueberry Muffin, Peaches, & Milk <b><u>Lunch</u></b> Chicken Patty Sandwich, SW. Potato Fries, Grapes & Milk <b><u>Snack</u></b> WG Bagel & Orange Juice	<b><u>Breakfast</u></b> WG Bagel, Apple Slices, & Milk <b><u>Lunch</u></b> Hot Dog, Carrots, Banana & Milk <b><u>Snack</u></b> Mini Waffles & Fruit	<b><u>Breakfast</u></b> WG French Toast, Fr. Cocktail, & Milk <b><u>Lunch</u></b> Spaghetti, Gr. Beans, Pears, and Milk <b><u>Snack</u></b> Ritz Crackers & Cheese
Monday, Dec. 22	Tuesday, Dec. 23	Wednesday, Dec. 24		
<b><u>Breakfast</u></b> Biscuit, Pears, & Milk <b><u>Lunch</u></b> WG Chicken Nuggets, Tomatoes, Banana, & Milk <b><u>Snack</u></b> WG Bagel & Apple Juice	<b><u>Breakfast</u></b> WG Cheerios, Orange Juice & Milk <b><u>Lunch</u></b> Mac. & Cheese, SW Potato Fries, Fr. Cocktail & Milk <b><u>Snack</u></b> Biscuit & Banana	<b><u>Breakfast</u></b> WG Chex Cereal, Fr. Cocktail, & Milk <b><u>Lunch</u></b> Pita Pocket with Meatballs, Carrots, Pears, & Milk <b><u>Snack</u></b> Cheese Crackers & Orange Juice		

