

## Grace Community School Potty Training - Guidelines



Grace Community will be glad to assist and facilitate potty training of children. We can begin potty training upon parent request as early as the age of 2.

Parents can either bring in pull-ups and have their children begin the process in those, or they can go straight to underwear.

## Pull-Up Method:

Parents need to bring their child to school in a pull-up and provide enough pull-ups for the child to be changed 4-5 times per day. The bathroom teacher will place the child on the potty at changing times, giving the child opportunities to go to the bathroom. The pull-up must still be changed wet or dry at all changing times. If the child is going to the bathroom when placed on the toilet, then we suggest switching the child to underwear.

## **Underwear Method:**

Children potty training in underwear must be in underwear when they arrive at school. Parents need to provide 4-5 changes of clothing including fresh socks and shoes. If the child has a bowel movement in their underwear, the underwear will be disposed of and the child's clothes will be placed in a bag and sent home for laundering.

Parents must take home all soiled clothes daily and provide clean clothes daily as well. The staff will keep track of when the child uses the potty or has an accident on the potty training log located in the bathroom area.

Parents are encouraged to provide the staff with a reward such as stickers or a small candy (gummies, M&M's, etc.) to give the child when they use the potty. Positive motivation and encouragement is what every child needs to understand the potty training process.

If the child has accidents during nap, it is acceptable to use a parent-provided pull-up during this time. If desired, please request that the child be placed in a pull-up during nap.

Pull-ups are always changed immediately following naptime.

Following the guidelines above, GCS will help your child have a joyful and successful experience with potty training.